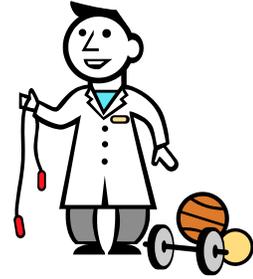


EMHS Athletic Department

Pre-participation Physical Exams



Dear EMHS Parents:

Pre-participation physical exams for Elkhart Memorial High School athletes will be held on **Wednesday, May 18, 2011**. The IHSAA requires that all students participating on an athletic team have a physical before he/she can practice or compete. **Pre-participation physical forms are available on the www.emhschargers.org website.**

As in the past, the physicals are **free** of charge to EMHS athletes. Local primary care physicians will perform the exams, with OSMC physicians, physical therapists, and athletic trainers providing musculoskeletal screenings. These physicals are solely to fulfill the IHSAA requirement, and should not be used as a substitute to seeing a physician for specific complaints. This is also not to be used for incoming freshmen (Class of 2014) who are required to have a physical before entering high school.

In order to provide athletes with a more comprehensive physical examination, and as a convenience for Elkhart Memorial High School, OSMC will again host this year's physicals. OSMC is located on California Road, near the high school and just East of the Elkhart Area Career Center.

Athletes may stop by the EMHS Athletic Department prior to Wednesday, May 18, 2011 to pick up a pre-participation physical form. Once this form has been completed and signed by a parent/guardian, the athlete must return it to the EMHS Athletic Department. Athletes will not be able to sign-up for a time slot until a completed form has been returned. The exams will begin promptly at 6:00 pm. If you have any questions or concerns, please contact the Athletic Department at 262-5633.

It is our hope that all EMHS athletes will take advantage of this **convenient** and **free of charge** opportunity being offered.

Sincerely,

Frank Kurth
Director of Athletics



Amy Whiting
Certified Athletic Trainer

"Home of the Crimson Chargers"